

— Most Popular Treatments —

Spa Facial \$155 - 60 Minutes

A calming, and rejuvenating treatment, gently exfoliating and hydrating your skin for a healthy and bright complexion.

Signature Kaia Massage \$210 - 90 Minutes

Enjoy an aromatic massage experience, tailored to relax and rejuvenate your body and mind.

Hot Stones Massage \$220 - 90 Minutes

The soothing warmth from the volcanic stones caresses your tired knotted muscles.

Tropical Dreaming Package \$299 - 120 Minutes

A delightful combo of our Signature Kaia Massage, and our Spa Facial, for your total rejuvenation.

Hydro-microdermabrasion \$229 - 60 Minutes

A popular red carpet treatment that ensures your skin is clear, exfoliated and glowing. The treatment involves a skin exfoliation with the infusion of ultra hydration nutrients, that penetrate deep into skin cells flushing them with revitalising nutrients. This treatment breathes new life into the face, neck and décolletage, leaving it fresh, moist and glowing, the ultimate glow and go treatment for \$229.



— Spa Etiquette —

— Opening Hours —

9am to 5pm Monday to Saturday.
Treatments may be arranged outside these hours by appointment

— Day Passes —

Every guest having a treatment, can purchase a day pass to the Sheraton Grand Mirage Resort for \$25. Conditions apply.

— Bookings —

All bookings require credit card details or a 50% deposit

— Arrival Time —

Please arrive a minimum of 15 minutes prior to your treatment

— Late Arrivals —

This spa experience is reserved especially for you, and will finish at your scheduled time. Arriving late may shorten your treatment time.

— Rescheduling / Cancelling Appointments —

A minimum of 24 hours notice is required to reschedule or cancel your appointment. Rescheduling or cancelling your appointment within 24 hours will result in a 50% charge. "No Shows" will be charged at 100%

— Health Conditions —

Please advise of any health or medical concerns at the time of booking. Our facilities are fully wheelchair accessible.

Kaia Day Spa
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K A I A

— DAY SPA —



1300 162 298

Located at
Sheraton Grand Mirage
Resort Port Douglas

Complimentary transfers
to and from your
Port Douglas Accommodation

— Oxygeneo —

Get Clearer, Brighter, Tighter and Healthier Skin, the way the Celebrities do !

This innovative skin renewing facial treatment exfoliates the outer layer of the skin, infuses it with revitalising nutrients, and stimulates oxygenation.

Treatment is best suited for mature and dehydrated skin types, leaving the skin refreshed, revitalised and rejuvenated, with no downtime.

The Oxygeneo Celebrity Facial is just \$249, you are certain to be happy with the results.



— Celebrity Teeth Whitening —

A professional spa treatment which allows you to improve the brightness of your teeth up to 14 shades.

Celebrity Teeth Whitening \$199 - 60 Minutes

We are proud partners with



— Facials —

At Kaia, through the use of cutting edge technology – luxury meets results. We have a range of facials to meet your skin type and concerns. Our experienced therapists have been expertly trained in skin care, and together with the assistance of technology, are well placed to help you on your skin care journey.

Spa Facial **\$155 - 60 Minutes**
A calming, and rejuvenating treatment, gently exfoliating and hydrating your skin for a healthy and bright complexion.

Age Defence (Lines + Wrinkles) **\$199 - 60 Minutes**
Focuses on anti ageing and assists with smoothing the skin and reducing the appearance of fine lines and wrinkles.

Professional Lifting Facial **\$199 - 60 Minutes**
Aims to tone and firm the skin around the eyes, neck and jawline, to provide a smoother, more youthful appearance.

Multivitamin Detox Facial **\$199 - 60 Minutes**
Provides an infusion of vitamins and minerals to the skin, which focuses on overall skin vitality using lymphatic movements to detoxify the skin, also seeks to reduce the effects of pigmentation.



— High Performance Facials —

Using the latest in technology, these facial treatments achieve the ultimate results – rejuvenated, tighter, clearer and revitalised skin.

Kaia Micro-dermabrasion **\$199 - 60 Minutes**
A non invasive exfoliation based facial treatment, which stimulates blood flow, cell production, and in turn improves the skin's elasticity, texture and overall appearance. For the face, neck and décolletage.

Kaia Hydro-dermabrasion **\$229 - 60 Minutes**
A popular red carpet treatment that ensures your skin is cleared, exfoliated and glowing. Hydro-dermabrasion is skin exfoliation with the infusion of ultra hydration nutrients that penetrate deep into skin cells flushing them with nourishing ingredients. Breathing new life into the skin, leaving it fresh, moist and glowing. The perfect glow and go treatment. Kaia's Hydro-dermabrasion for the face, neck and décolletage.

Revitalising Light Therapy Facial **\$239 - 60 Minutes**
With the power of LED Light technology, your skin is stimulated to boost collagen and elastin production, reducing the appearance of fine lines, giving you a radiant and rejuvenated look. When partnered with individually tailored products, a collagen mask and collagen ampoule, the journey to more hydrated, youthful and revitalised skin is complete.

Celebrity Oxygeneo Facial **\$249 - 60 Minutes**
The ultimate in Anti Ageing and lifting technology. Exfoliate – Infuse – Oxygenate – Tighten. Using this patented technology, it treats the skin at a deeper level which provides unmatched skin nourishment and oxygenation, resulting in smoother and more youthful skin after just one treatment

— Massages —

Signature Kaia Massage
60 Minutes - \$155 | 90 Minutes - \$215 | 120 Minutes - \$299
Enjoy an aromatic massage experience, tailored to relax and rejuvenate your body and mind.

Hot Stone Massage
90 Minutes - \$220 | 120 Minutes - \$305
A true indulgence with warmed volcanic basalt stones used to transfer heat, stress melts away.

Mum to Be Delight – Pregnancy Massage
60 Minutes - \$155 | 90 Minutes - \$215
Mum to be - it's an exciting time in your life, why not treat yourself to a relaxing, and revitalising relaxation massage, which is medically approved and is tailored to meet your specific needs.

Couples Retreat for 2
90 Minutes - \$429

Let the worries of the world melt away from you as you enjoy a Back Neck and Shoulder Massage, together with a scalp and foot treatment to soothe your body and soul. Complete your retreat with a Refreshing Facial, and you will emerge relaxed, refreshed and revived.

Couples Escape for 2
120 Minutes - \$598

Escape the demands of the world and indulge yourself in this decadent treatment for you both. Start with a 30 min full body exfoliation, which when partnered with a 60 Minute Signature Kaia Massage, is a treat for the body and mind. Add to this a 15 min scalp and 15 minute foot treatment your escape is complete.

All massage treatments can be enjoyed by couples, in one of our two couples treatment rooms



— Body Packages —

Tropical Dreaming Package **\$299 - 120 Minutes**
A delightful combo of our Signature Kaia Massage, and our Spa Facial, for your total rejuvenation

Kaia Dreaming Package **\$449 - 180 Minutes**
This our ultimate deluxe treatment. This treatment consists of a full body exfoliation and tropical body mask. Add to this a warm oil scalp massage, and hair mask treatment. You then move into a Signature Kaia Massage, to melt away the stresses of the day, together with a Spa Facial to leave you rested and revitalised..

Coconut Breeze **\$160 - 60 Minutes**
The scent and feel of the tropics. Enjoy a warm oil body exfoliation, a full body mask plus an invigorating scalp massage. You will feel rejuvenated and revived.

Hydration Booster/Sunburn Soother **\$160 - 60 Minutes**

A soothing moisture drenching, hydration mask is applied to your whole body, whilst you relax with a hydrating facial.

Rainforest Detox **\$160 - 60 Minutes**
Experience the scent of a tropical rainforest, with a revitalising spa scrub treatment, coupled with a body detox mask. Add to this a soothing scalp massage... get away to nature.

— Add On Treatments —

Signature Kaia Massage	\$80 - 30 min
Reviving Facial	\$80 - 30 min
Body Exfoliation	\$80 - 30 min
Wander the Beach Foot Treatment	\$100 - 30 min
Tropical Nourishing Hand Ritual	\$100 - 30 min
Back, Neck & Shoulder Massage	\$120 - 45min
LED Light Therapy Add On	\$40 - 15min